



Handbook of Cognitive-Behavior Group Therapy with Children and Adolescents: Specific Settings and Presenting Problems

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This *Handbook* offers a much-needed resource of theoretical knowledge, evidence-based interventions, and practical guidelines for professionals providing group psychotherapy to youth clients.

Written by leading professionals in the field of child and adolescent cognitive-behavioral therapy, this comprehensive volume offers readers a collection of innovative and well established approaches for group interventions with youth in a variety of treatment settings.

It addresses a wide range of issues, not limited to assessment, group member selection, and specific protocols and strategies that readers can implement in their own practice. Integrating theoretical and practical aspects, leading experts offer their experience through case examples and vignettes, suggesting guidelines for overcoming inherent treatment obstacles.

This *Handbook* provides not only a framework for delivering effective group therapy, but also highlights specific problem areas, and it is an invaluable reference for professionals providing therapeutic intervention to children and adolescents.

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Editorial Review

Review

"This book would be a good read for any school psychologist who will be doing therapy with students, regardless of their knowledge of CBGT." -**Dan Seaman, NCSP in Communiqué, Volume 36, Issue #8.**

"The handbook is a very useful resource in outlining group programmes (e.g. adolescent coping with depression, with free download of the manuals and workbooks) and outlining the modules of a programme."

-Anna Solly, Clinical Psychologist, Behavioural & Cognitive Psychotherapy Journal, Vol. 36, 2008

"Although handbooks abound, relatively few are available for group therapy and group work. This excellent handbook helps meet the gap....sensibly organized...The quality of the chapters is high and fairly consistent, which is a tribute to the fine work of the editors...Much is to be learned from this significant handbook...highly recommended to practitioners who wish to use CGBT with children and adolescents, as well as scholars and researchers who wish to study and understand this efficient, effective, and versatile group treatment modality. This handbook will be very useful to social workers who wish to employ the CGBT approach with children and youth."

– Steven R. Rose, Social Work with Groups

About the Author

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This Handbook of Cognitive-Behavior Group Therapy with Children and Adolescents: Specific Settings and Presenting Problems is completely new way for you who has curiosity to look for some information given it relief your hunger of information. Getting deeper you upon it getting knowledge more you know or else you who still having small amount of digest in reading this Handbook of Cognitive-Behavior Group Therapy with Children and Adolescents: Specific Settings and Presenting Problems can be the light food to suit your needs because the information inside this kind of book is easy to get simply by anyone. These books acquire itself in the form which is reachable by anyone, sure I mean in the e-book form. People who think that in guide form make them feel sleepy even dizzy this guide is the answer. So you cannot find any in reading a e-book especially this one. You can find what you are looking for. It should be here for a person. So, don't miss it! Just read this e-book type for your better life and knowledge.

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