



Making Contact: The Therapist's Guide to Conducting a Successful First Interview

By Leah M. DeSole Ph.D., Alyson Nelson, Laura L. Young

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Making Contact: The Clinician's Guide to Conducting the Successful First Interview is a **practical handbook which prepares professionals for a critical moment in their training: the first time they meet alone with a new patient.**

Knowing how to conduct the first interview, often overlooked in professional training, is fundamental to the foundation of a trainee's clinical skills. This practical resource will be useful to trainers, supervisors, and teachers in the helping professions--especially those who are working intensely with several interns and want to provide them with basic clinical practice instruction.

Trainers can use this guide as a primer to prepare interns for working on-site in their placements, externships, or rotations before they meet clients for the first time. **Supervisors** can use this guide to stimulate and guide discussions with supervisees prior to their first client contact. **Teachers** can use this guide in their preparation for individual interviewing courses, skills courses, and fieldwork classes. **Clinicians in training** can use this guide to obtain behind the scenes knowledge of how to be an effective therapist and practically prepare for the first interview.

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- Sales Rank: #1242421 in Books
- Published on: 2005-11-07
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .70" w x 6.90" l, .93 pounds
- Binding: Paperback
- 216 pages

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Editorial Review

From the Back Cover

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What colleagues are saying about *Making Contact*. . .

“The discussion points are wonderful.”

—Dr. David D. Hoff, *University of Nebraska, Kearney*

“Seasoned veterans could certainly benefit from reminders that are raised in this book regarding good strategies for working with any client’s first session.”

—Toni Tollerud, *Northern Illinois University*

“I think this text offers students at a beginning developmental stage concrete information which allows for greater ease into the field placement process.”

—Dr. Adam Hill, *Sonoma State University*

“Great section on crisis, especially the reminder to check with a supervisor regarding procedures in crisis situations and the definition of what a crisis actually is and how to respond differently than in a regular interview.”

—Aimee H. Moles, *Louisiana State University*

About the Author

Leah DeSole received her doctorate from Columbia University. She is now a licensed psychologist in private practice in Manhattan. Previously an adjunct professor at Teachers College, Columbia University and Hunter College, the City University of New York, currently she is affiliated with the NYC Eating Disorder Resource Center. She has also authored several articles and book chapters on cross cultural issues in psychology.

Users Review

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Stanley Torres:

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Jewel Tarr:

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