



Sex Is Not the Problem (Lust Is): Sexual Purity in a Lust-Saturated World

By Joshua Harris

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Lust isn't just a guy problem – it's a human problem. And unless we honestly confront it, lust will destroy our relationships and our lives. Joshua Harris, author of the runaway bestseller *I Kissed Dating Goodbye*, calls a generation bombarded with images of sexual sin back to the freedom and joy of holiness. This "PG-rated" book – straightforward without being graphic – speaks to those entrenched in lust or just flirting with temptation. Honestly sharing his own struggles, Harris exposes lust's tactics and helps readers create a personal plan for fighting back. Men and women will find hope in God's grace and learn the secrets to lasting change.

Neither sex nor sexuality is our enemy. We need to rescue our sexuality from lust so we can experience it as God intended.

Bestselling author Joshua Harris shows you how lust deceives you. Specific and honest without being graphic, this book—for both men and women—will guide you in creating a custom plan for fighting lust and celebrating purity.

Praise for *Sex Is Not the Problem (Lust Is)*

“For your joy and Christ’s honor, I commend this book to you. It is realistic, practical, and hope-giving.”

-John Piper, pastor of Bethlehem Baptist Church, Minneapolis

“A beautiful blend of grace and truth. Joshua Harris raises high standards of holiness while carefully avoiding legalism. I highly recommend it.”

-Randy Alcorn, bestselling author of *The Treasure Principle* and *The Purity Principle*

“I am very encouraged that my longtime friend Josh Harris has written a book about lust. May God use this book to keep many from allowing their minds to become ‘the devil’s playground.’”

-Rebecca St. James, singer/songwriter

Story Behind the Book

“I was preparing a message on lust when I realized that the book I wanted to consult hadn’t been written. That book would make it clear that only Jesus Christ can free us from the hopeless treadmill of shame and guilt that so many well-intentioned people end up on. It would instill a love for holiness and a hatred for sin without dragging the reader’s imagination through the gutter. And it would be for both men and women, because I’ve learned that lust isn’t just a guy problem—it’s a human problem.”

–*Joshua Harris*

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Editorial Review

About the Author

Joshua Harris lives outside Washington, D.C., in Gaithersburg, Maryland, where he is a pastor at Covenant Life Church. He speaks nationally and leads an annual conference for college students called New Attitude. Joshua and his wife Shannon have two children.

Users Review

From reader reviews:

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