



She's Got Issues: Seriously Good News for Stressed-Out, Secretly Scared Control Freaks Like Us

By Nicole Unice

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She's Got Issues: Seriously Good News for Stressed-Out, Secretly Scared Control Freaks Like Us By Nicole Unice

Christian counselor, ministry leader, and regular mom Nicole Unice shines on video in this inspiring seven-session *She's Got Issues DVD Curriculum*—perfect for churches and small groups. As she does in the book, Nicole talks candidly about how the everyday issues that drive you crazy affect you . . . and why you don't have to settle for letting them win. Some days living up to the whole good-Christian image seems impossible. You do the right things (well, most of the time), but you just don't feel changed by your faith. Deep down, you're still dealing with the ordinary struggles—control, insecurity, comparison, fear, anger, and unforgiveness—that hold you back from living free and loving well. The good news? You don't have to “fix” yourself. You have access to the power of Christ. His power can transform your everyday weaknesses into your greatest strengths and gifts. (Curriculum includes leader's guide and group handouts.)

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Editorial Review

From the Back Cover

The everyday stuff that drives you crazy . . . is about to transform your life.

Counselor, ministry leader, and regular mom Nicole Unice shines on video in the *She's Got Issues* DVD group experience. In this six-session teaching series based on her popular book, Nicole talks candidly about the everyday issues that can hold you back from living free and loving well:

1. Surrendering the Kung-Fu Control Grip
2. Insidious Insecurity
3. Quitting the Comparison Game
4. The Big Leap from Fear to Freedom
5. Breaking the Silence on Anger
6. Uprooting the Bitter Weed of Unforgiveness

And she reveals that even though we've all got issues, we don't have to settle for letting them win!

Includes participant's guide!

Perfect for churches and small groups, this group experience includes candid interviews, individual journaling prompts, insightful and biblical teaching from Nicole, and group discussion. Designed for an hour-long session for your Bible study or women's group.

Total running time: Approx. 160 minutes

Users Review

From reader reviews:

Rodney Alvarez:

Reading a publication tends to be new life style in this particular era globalization. With reading through you can get a lot of information which will give you benefit in your life. Using book everyone in this world may share their idea. Guides can also inspire a lot of people. Plenty of author can inspire their very own reader with their story or their experience. Not only situation that share in the ebooks. But also they write about the data about something that you need illustration. How to get the good score toefl, or how to teach your young ones, there are many kinds of book that exist now. The authors nowadays always try to improve their expertise in writing, they also doing some exploration before they write for their book. One of them is this *She's Got Issues: Seriously Good News for Stressed-Out, Secretly Scared Control Freaks Like Us*.

Ollie Johnson:

Spent a free time for you to be fun activity to complete! A lot of people spent their spare time with their family, or their particular friends. Usually they performing activity like watching television, likely to beach, or picnic inside park. They actually doing ditto every week. Do you feel it? Do you wish to something different to fill your own personal free time/ holiday? Could possibly be reading a book might be option to

fill your cost-free time/ holiday. The first thing that you will ask may be what kinds of guide that you should read. If you want to test look for book, may be the book untitled She's Got Issues: Seriously Good News for Stressed-Out, Secretly Scared Control Freaks Like Us can be excellent book to read. May be it is usually best activity to you.

Robyn Pugh:

Do you really one of the book lovers? If so, do you ever feeling doubt while you are in the book store? Try and pick one book that you never know the inside because don't determine book by its cover may doesn't work is difficult job because you are frightened that the inside maybe not since fantastic as in the outside look likes. Maybe you answer might be She's Got Issues: Seriously Good News for Stressed-Out, Secretly Scared Control Freaks Like Us why because the great cover that make you consider about the content will not disappoint you actually. The inside or content is definitely fantastic as the outside as well as cover. Your reading 6th sense will directly guide you to pick up this book.

Gladys Dearth:

As a student exactly feel bored for you to reading. If their teacher questioned them to go to the library or to make summary for some e-book, they are complained. Just small students that has reading's spirit or real their leisure activity. They just do what the professor want, like asked to the library. They go to presently there but nothing reading very seriously. Any students feel that looking at is not important, boring as well as can't see colorful pics on there. Yeah, it is to get complicated. Book is very important in your case. As we know that on this time, many ways to get whatever we really wish for. Likewise word says, ways to reach Chinese's country. So , this She's Got Issues: Seriously Good News for Stressed-Out, Secretly Scared Control Freaks Like Us can make you experience more interested to read.

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