



Fruit Infused Water: 98 Delicious Recipes for Your Fruit Infuser Water Pitcher

By Susan Marque

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Fruit Infused Water: 98 Delicious Recipes for Your Fruit Infuser Water Pitcher By Susan Marque

Food coach Susan Marque shares simple, fun-to-sip recipes to quench your thirst and keep you healthy

Curious about incorporating fruit infused water into your daily routine? Looking to swap sugary drinks for the hydrating health benefits of water infusions?

Fruit Infused Water is the perfect place to start. Packed with mouth-watering recipes and easy-to-follow instructions, *Fruit Infused Water* preps you for including fruit infused water in your diet?whether you own a fruit infuser water pitcher or a simple glass jar. Build from the basics then advance to endless mix-and-match flavors and inventive fruit infused water recipes.

Squeeze the most out of every drop, with:

- 98 flavorful fruit infused water recipes, like Basil Mint Infusion
- 10 must-have tips for making foolproof fruit infused water
- On-the-go guidelines for bringing your fruit infused water wherever your day takes you
- 10 tasty snack ideas for your leftover fruit (fruit sushi rolls, anyone?)

From one-step infusions to creative combinations, there's something for everyone in *Fruit Infused Water*, your best resource for enjoying your H2O to the fullest.

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About the Author

After using food to cure herself of a lifelong illness, Susan Marque became a food coach in Los Angeles. She received her M.F.A. in creative writing from The New School, in New York, where she writes for magazines and television. Visit her at susanmarque.blogspot.com to learn more.

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