



Socrates' Way: Seven Keys to Using Your Mind to the Utmost

By Ronald Gross

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Socrates has inspired and guided the brightest men and women for more than two thousand years. Now you can make him your mentor-to strengthen your thinking, enrich your life, and reach your goals.

In **Socrates' Way**, you meet Socrates face-to-face, hear his voice, and learn how he changes people's lives. The book provides step-by-step guidance on how to harness his methods to vastly enhance your own creativity and autonomy. Specifically, Socrates shares the seven keys to using one's mind to the utmost:

- Know thyself
- Grow with friends
- Ask great questions
- Strengthen your soul
- Verify everything
- Speak frankly
- Free your mind

You will master the famed "Socratic Method" for getting to the root of any problem; launch one of Socrates' exhilarating "Dialogues" among your colleagues at work, as well as at home; and sharpen and enliven your thinking. In short, you will discover the Socratic spirit in you.

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Editorial Review

About the Author

For more than twenty years and in more than fifteen books, **Ronald Gross**'s pioneering ideas on the potential of the human mind have captivated tens of thousands. He lives in Great Neck, New York.

Users Review

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Bryan Donovan:

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