



The Cook's Complete Guide to Spices: An illustrated directory to spices from around the world and how to use them in the kitchen, with 300 photographs

By Sallie Morris

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Editorial Review

About the Author

Sallie Morris is a food writer and consultant. Her travels have taken her to Kenya and Malaysia and she has run cookery courses in both countries. Sallie has lectured and contributed to many publications and has written several books covering a wide range of cooking styles. She has since travelled extensively through Thailand, Burma, India and Indonesia, gathering recipes and information about spices for her own pleasure and for her books, which include *Cooking with Herbs and Spices* and *Taste of Indonesia*.

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