



The Oxygen Revolution: Hyperbaric Oxygen Therapy: The New Treatment for Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury, Stroke, Autism and More

By Paul G. Harch M.D., Virginia McCullough

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HOPE FOR MANY “HOPELESS” DISEASES, FROM ONE OF THE FOREMOST RESEARCHERS IN THE FIELD

When Randy McCloy, Jr., the sole survivor of the Sago Mine disaster, finally walked out of the hospital to rejoin his family, it was in part due to the miracle of hyperbaric oxygen therapy. Hyperbaric oxygen therapy (HBOT) is based on an almost laughably simple idea: Oxygen can be used therapeutically for a wide range of conditions where tissues have been damaged by oxygen deprivation. Restore that oxygen, goes the logical thinking, and you can restore much of the lost function.

It seems too good to be true, but Dr. Paul G. Harch’s research and clinical practice has shown that this noninvasive and painless treatment can help the tens of millions of Americans who suffer from a brain injury or disease, such as:

- Stroke
- Autism and other learning disabilities
- Cerebral palsy and other birth injuries
- Alzheimer’s, Parkinson’s, multiple sclerosis, and other degenerative neurological diseases
- Emergency situations requiring resuscitation, such as cardiac arrest, carbon monoxide poisoning, or near drowning

It can also improve conditions in which inflammation is the culprit, such as arthritis and asthma; promote healing in infections, burns, and skin grafts, such as diabetic foot wounds; and slow the aging process.

For the millions of Americans suffering from these seemingly “hopeless” diseases, here finally is the handbook of hope. Inspiring and informative, *The*

Oxygen Revolution is the definitive guide to the miracle of hyperbaric oxygen therapy, from a pioneer in the field.

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Editorial Review

About the Author

Paul G. Harch, M.D., is a hyperbaric medicine, diving, and emergency medicine physician who is a Diplomate of the American Board of Hyperbaric Medicine. The first President of the International Hyperbaric Medical Association and a semi-finalist for the National Institutes of Health Director's Pioneer Award, he has seen the positive effects of HBOT firsthand through the treatment of family members with stroke, dementia, and learning disability. A graduate of Johns Hopkins University School of Medicine and Director of the Louisiana State University School of Medicine's Woundcare and Hyperbaric Medicine Department, Dr. Harch currently divides his time between international consulting, lecturing, and his practice and research in the New Orleans area. Visit him at www.HBOT.com.

Virginia McCullough is the author of many books, including *Coping with Chemotherapy and Radiation* (with Daniel Cukier, et al) and *Testing and Your Child*. A native of Chicago, she currently lives in Green Bay, Wisconsin. Visit her at www.virginiamccullough.com.

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