



Mastering the DSM-5: Integrating New & Essential Measures Into Your Practice

By Mary L. Flett PhD

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The DSM-5 is full of useful tools to take our clients "vitals"...but how do you use this new resource to shift from "getting information" to "using the results?"

Mastering the DSM-5 provides a guide for each of the assessment measures, examples of how they can be implemented for various populations and settings, and suggestions for using evaluation tools with clients.

An easy-to-use resource with case studies and examples, including implementation checklists, templates to chart and measure results, and links to formatted Excel spreadsheets.

"A valuable adjunct to the DSM which will enhance diagnostics and clarify levels of distress, disability. A must-have guide in understanding the DSM-5." Jack Klott, recognized DSM expert

"Mary Flett has created an excellent guide to the DSM-5® that is succinct, as well as easy to follow and implement into clinical practice. This must have guide lays out the critical changes in DSM-5® allowing the practitioner to organize, assess and translate the changes with clarity and authority."

Sharon M. Freeman Clevenger, MSN, MA, PMHCNS-BC, and co-investigator for the DSM-5® field trials

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Review

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About the Author

Mary L. Flett, PhD is a prominent national speaker on the DSM-5 and how it is revolutionizing diagnosis and treatment. In addition to her clinical work across the developmental spectrum, Dr. Flett has conducted evaluation and outcome analyses and quality improvement studies for county and state governments.

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