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Reading Winnicott brings together a selection of papers by the psychoanalyst and paediatrician Donald Winnicott, providing an insight into his work and charting its impact on the well-being of mothers, babies, children and families.

With individual introductions summarising the key features of each of Winnicott's papers this book not only offers an overview of Winnicott's work, but also links it with Freud and later theorists. Areas of discussion include:

- the relational environment and the place of infantile sexuality
- aggression and destructiveness
- illusion and transitional phenomena
- theory and practice of psychoanalysis of adults and children.

As such *Reading Winnicott* will be essential reading for all students wanting to learn more about Winnicott's theories and their impact on psychoanalysis and the wider field of mental health.

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Review

"Re-investing in Winnicott through the scholarship and clinical acumen of two present day psychoanalysts and reading him through the data and the interpretation their text affords, offers the reader the benefit of a serious and impressive contribution, not, in my view, attempted so wide-rangingly or so comprehensively before." - **Helen Taylor Robinson, From the Preface.**

"This is a lucid, scholarly addition to the growing literature on Winnicott's unique perspective on psychoanalysis and on the development of a human person." - **Geraldine Shipton, University of Sheffield , UK**

About the Author

Lesley Caldwell is a psychoanalyst of the British Psychoanalytic Association. She has also worked as an academic, currently at UCL, for more than thirty years. She is the Chair of the Winnicott Trust and one of its editors.

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