



The Fasting Edge: Recover Your Passion. Recapture Your Dream. Restore Your Joy

By Jentezen Franklin

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Take your fasting experience to a new level and recapture your spiritual passion.

We all go through times when we feel like we are not living up to our full potential. So many circumstances in life deplete our energy, dull our spiritual sharpness, and cause us to lose our edge.

In *Fasting to Regain Your Edge*, Jentezen Franklin shows you how to recharge your spiritual energy through fasting. Full of all new principles gleaned from his twenty years of fasting experience, Franklin shows you how to:

- Experience fasting in a whole new way
- Regain your spiritual power in six steps
- Move from past hurts to joy, mercy, and grace
- See God move you into victory

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Editorial Review

About the Author

Jentezen Franklin is the pastor of Free Chapel in Gainesville, Georgia, and Orange County, California. Franklin is a popular conference speaker, and his nationally televised program, *Kingdom Connection*, is seen weekly on national and international networks. He has written several books, including *Believe That You Can*, *Fear Fighters*, and the *New York Times* best seller *Fasting*. He and his wife, Cherise, have five wonderful children.

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