



Theories of Counseling and Psychotherapy: A Multicultural Perspective (6th Edition)

By Allen E. Ivey, Michael D'Andrea, Mary Bradford Ivey, Lynn Simek-Morgan

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The only theory text to provide truly integrated discussion of multicultural competencies and clients, this current and practical resource has been revised and reorganized to make it more user friendly.

In response to requests from many reviewers, the Sixth Edition of *Theories of Counseling and Psychotherapy: A Multicultural Perspective* has broken out more of the theoretical approaches into their own dedicated chapters, including new, highly-praised chapters on Positive Psychology and Feminist Counseling and Therapy. The text continues to be the most detailed and specific of all texts in terms of helping students actually practice counseling and therapy. The Competency Building features provide readers with specifics of how to use major strategies, allowing practical demonstration that they can actually engage in the theory as well as understand it.

The new edition features a revised chapter (1) on Charting the Theoretical Changes in Counseling and Psychology, a NEW Chapter (2) on The Multicultural-Feminist-Social Justice Movement, a NEW Chapter (3) on the influence of Positive Psychology and Wellness Counseling on the field, a NEW Chapter (6) on Adlerian and Jungian Counseling and Therapy, a NEW chapter (8) on Rational-Emotive-Behavioral Therapy (REBT) and Reality Therapy, a NEW chapter (11) on Feminist Counseling and Therapy, and NEW “Extensions of Counseling and Therapy” features in every chapter expand students' perspectives for applying their knowledge, training, and skills in real world settings.

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Editorial Review

Review

“The multicultural-feminist-social justice movement paradigm fully addresses a multicultural plus perspective. Often typical of other texts is a lack of emphasis of this topic. This multicultural plus perspective is an asset to this text. [...] Finally a textbook that emphasizes the new Positive Psychology movement! The more I read this text, the more I like it.”

~ *Meredyth G. Fellows, West Chester University of Pennsylvania*

“Finally, a textbook that centralizes multicultural-feminist-social justice movements and positive psychology (as well as constructivism and postmodernism) without tacking them on to the end! A terrific book for a course in theories or in multicultural counseling.”

~ *Sharon Horne, Ph.D., The University of Memphis*

“I strive to make multiculturalism a central theme in all of my classes, yet I often feel like I’m floundering and lacking in support. Within this textbook, I feel like I have the support I need to give these issues the attention they deserve.”

~ *Dr. Lisa Cromer, University of Northern Colorado*

“It brings a fresh perspective (postmodern, multiple perspectives, multicultural intentionality — concepts not addressed in my text and other similar texts) to understanding theories of counseling and psychotherapy.”

~ *Claire Sham Choy, California State University, Fresno*

“The strength of the Ivey et al. text is that it integrates multicultural issues into each chapter and utilizes multicultural examples to explore different theories. This integration is coupled with the specific discussion of multicultural theory as a theory in and of itself. This multidimensional approach to multiculturalism champions the current thinking of our time which celebrates an integrative and infused perspective.”

~ *Nicole Hill, Idaho State University*

From the Back Cover

What colleagues are saying about the thoroughly revised and reorganized Sixth Edition of *Theories of Counseling and Psychotherapy: A Multicultural Perspective*...

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