



# Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders

*By Charles Atkins*

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Co-Occurring Disorders is a guide of practical assessment and effective treatment approaches to work with any number of co-occurring disorders. This step-by-step approach, demonstrated through diverse case studies, gives you the tools you need to improve and track your clinical outcomes. Also included is a comprehensive state-by-state Guide to Mental Health and Substance Abuse Agencies and Prescription Monitoring Programs. Evidence-Based Integrated Treatment:

- Motivational Interviewing
- Cognitive-Behavioral Therapy and Strategies
- Skills Training
- Mindfulness training
- Mutual Self-Help & Peer Based interventions
- Wellness interventions
- Recovery based
- Family interventions
- Assertive Community Treatment and Targeted Case Management
- Psychopharmacology including opioid and nicotine replacement strategies

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### Editorial Review

#### Review

"This book is wonderful. I plan to adopt it as a textbook for my MSW Co-Occurring Disorder Program."

--**Jaak Rakfeldt, Ph. D.**, Co-Occuring Disorder Cohort Program, MSW Coordinator, Southern Connecticut State University Professor

"So much valuable information in a user friendly manner, clinicians as well as other will find this book useful in their practice. This resource is a powerful tool and I am especially proud of the way he connects issues related to gender and trauma." --**Colette Anderson, LCSM**, CEP The Connecticut Women's Consortium

"A comprehensive, user-friendly compilation of assessment and intervention strategies to be used for clients. It includes a number of worksheets for both clinicians and clients, and is a valuable tool for treatment decision-making." --**Donald Meichenbaum, PhD**, noted author and speaker, a CBT founder, and voted one of the 10 most influential psychotherapists of the 20th century

"As a person that as lived with bipolar disorder for many years and has proudly disclosed my personal journey of recovery, I know there are many people who would greatly benefit from the treatments suggested in this powerful book co-occurring services are rarely done in such a comprehensive way." --**Dr. Karen A. Kangas**, Director of Operations, Advocacy Unlimited, Inc.

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This book untitled Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders to be one of several books that best seller in this year, honestly, that is because when you read this e-book you can get a lot of benefit on it. You will easily to buy this specific book in the book store or you can order it via online. The publisher on this book sells the e-book too. It makes you easier to read this book, as you can read this book in your Smartphone. So there is no reason for you to past this publication from your list.

#### Daniel Kirk:

The book untitled Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders contain a lot of information on the item. The writer explains her idea with easy approach. The language is very simple to implement all the people, so do certainly not worry, you can easy to read it. The book was authored by famous author. The author gives you in the new period of literary works. It is easy to read this book because you can continue reading your smart phone, or program, so you can read the book with anywhere and anytime. In a situation you wish to purchase the e-book, you can open up their official web-site and also order it. Have a nice read.

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