



# How to Blow Her Mind in Bed: The essential guide for any man who wants to satisfy his woman

By Siski Green

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**How to Blow Her Mind in Bed: The essential guide for any man who wants to satisfy his woman** By Siski Green

**When a man really knows what feels good to a woman ... he can give her the most electrifying sex she's ever had.**

More than 70 percent of women don't reach orgasm from intercourse. The problem is that men don't know what sex feels like to a woman, and so they have a hard time a) reading her signals; b) giving her what she wants and needs; and c) making sure she's satisfied.

But a man can learn the secrets of how to make a woman feel fantastic in bed with this guide:

- Why a man's silent signals may be turning his lover off, and which signals turn her on
- Why her self-image is so important to your sex life
- The ultra-importance of kissing
- Breasts, breasts, breasts - what to do with them, and, more importantly, what not to
- Getting oral - how to find your way and help her get it right
- Your hands, her body - why your touch will make you or break you
- Toys, fantasies, kinky stuff, and beyond

*You'll be able to figure out exactly how to blow her mind, and a woman who's satisfied will enjoy sex more, and more often! With so many new ideas, you won't be able to wait to try them out - and neither will she!*

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- Sales Rank: #1391809 in eBooks
- Published on: 2008-10-01
- Released on: 2008-10-01
- Format: Kindle eBook



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## **Editorial Review**

### **Review**

Siski Green's sex writing makes for compulsive reading - her popularity with our readers is testament to that. She consistently manages to find genuinely new approaches to sex - a topic on which it's difficult to say something original, yet she does so with wit and intelligence. Morgan Rees, editor of Men's Health magazine Selecting Siski Green's work for the [National Magazines Feature Writer of the Year] award was easy as it was by far the best out of the entries. I've really enjoyed reading her sex writing in Men's Health. James Brown, former editor of Loaded magazine, columnist and editorial consultant Siski Green delivers provocative prose that dances and teases on the page. As Justin Timberlake brought the sexy back to music, she has brought it back to writing.' Neil Morton, Editor of 2 magazine, for couples 'Siski Green has her finger on the sexual pulse - she knows which questions to ask and to get the answers readers want.' Dr Ian Kerner, clinical sexologist and author of *She Comes First: The Thinking Man's Guide to Pleasuring a Woman* (HarperCollins) Siski Green's writing is clever, humorous and informative - I enjoy reading what she has to say as I'm certain her readership do.' Dr Pam Spurr, author of *Sizzling Sex - The Sex Doctor's 250 Hottest Tips, Tricks And Techniques* (J R Books)

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### **About the Author**

Siski Green is Men's Health magazine's sex and relationships writer and online editor, working on the relaunch of the Men's Health website. Her articles have gained international interest in the US, Australia and South Africa.

## **Users Review**

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