



The Tao of Pooh

By Benjamin Hoff

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For Taoists everywhere, the *New York Times* bestseller from the author of *The Te of Piglet*.

Happy 90th birthday (10/14/16), to one of the world's most beloved icons of literature, Winnie-the-Pooh!

The how of Pooh? The Tao of who? The Tao of Pooh!?! In which it is revealed that one of the world's great Taoist masters isn't Chinese--or a venerable philosopher--but is in fact none other than that effortlessly calm, still, reflective bear. A. A. Milne's Winnie-the-Pooh! While Eeyore frets, and Piglet hesitates, and Rabbit calculates, and Owl pontificates, Pooh just is.

And that's a clue to the secret wisdom of the Taoists.

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The Tao of Pooh By Benjamin Hoff Bibliography

- Sales Rank: #1986 in Books
- Brand: Penguin Books
- Published on: 1983-07-28
- Released on: 1983-07-28
- Original language: English
- Number of items: 1
- Dimensions: 7.40" h x .50" w x 5.20" l, .26 pounds
- Binding: Paperback
- 158 pages

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Editorial Review

Amazon.com Review

Is there such thing as a Western Taoist? Benjamin Hoff says there is, and this Taoist's favorite food is honey. Through brilliant and witty dialogue with the beloved Pooh-bear and his companions, the author of this smash bestseller explains with ease and aplomb that rather than being a distant and mysterious concept, Taoism is as near and practical to us as our morning breakfast bowl. Romp through the enchanting world of Winnie-the-Pooh while soaking up invaluable lessons on simplicity and natural living.

From Library Journal

Author/narrator Hoff calls Winnie the Pooh a "Western Taoist" and uses the unassuming bear to introduce Eastern philosophical principles. Pooh epitomizes the "uncarved block," as he is well in tune with his natural inner self. Pooh enjoys simple pleasures and the daily progress of life. Hoff contrasts this unpretentiousness to other characters created by Winnie - the - Pooh author A.A. Milne, including Owl, whom he describes as a "mind that tries too hard," and Eeyore, the eternal pessimist. In a clear and crisp voice, Hoff explains the central tenets of Taoism and further illustrates them with familiar excerpts from The House at Pooh Corner stories (1923), Chinese proverbs, maxims, and tales from Lao Tzu and others. The result is at once thought-provoking and charming. This is a small literary event that will leave all who experience it a little more serene. For most collections.

- *Jeanne P. Leader, Western Nebraska Community Coll. Lib., Scotts bluff*

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Review

"Vance demonstrates his great range, shifting easily from didactic sections of the book to fictional narrative and imbuing Milne's characters with distinct voices. . . . This audio edition, due in large part to Vance's performance, is surprisingly engaging and accessible." ---Publishers Weekly Starred Audio Review

Users Review

From reader reviews:

Earl Goodman:

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Vivian Obrien:

As people who live in often the modest era should be revise about what going on or facts even knowledge to make them keep up with the era that is certainly always change and progress. Some of you maybe will certainly update themselves by reading books. It is a good choice for you but the problems coming to you is

you don't know what kind you should start with. This The Tao of Pooh is our recommendation so you keep up with the world. Why, because this book serves what you want and wish in this era.

Salina Rodriguez:

Reading a book tends to be new life style in this particular era globalization. With examining you can get a lot of information that will give you benefit in your life. Having book everyone in this world can share their idea. Guides can also inspire a lot of people. Plenty of author can inspire their reader with their story or maybe their experience. Not only the storyline that share in the books. But also they write about the information about something that you need instance. How to get the good score toefl, or how to teach your young ones, there are many kinds of book which exist now. The authors on earth always try to improve their expertise in writing, they also doing some exploration before they write for their book. One of them is this The Tao of Pooh.

Melody Herrera:

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