



Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within

By Janet Conner

Download now

Read Online ➔

Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within By Janet Conner

You could pray, or meditate, or dream, or visit a shaman, or a minister, or a hypnotherapist. With so many routes into inner consciousness, why write? Of all the ways to get in touch with God, as you understand God... to hear the small, still voice pointing you in the right direction... why take the time to write? One reason: it works. It works amazingly well. If you want to engage in a vibrant conversation with the wisdom that dwells just a hair below your conscious awareness, write. Write every day, at approximately the same time, with passion, honesty, and the intention of speaking with and listening to the voice within.

Janet Conner was escaping a terrible situation of domestic abuse. While trying to figure out how she and her son could live and how they could eat, she realized she had hit rock bottom. With no other advisors, she listened to her own inner voice, which told her to start writing. As she did, Janet's inner voice gained clarity and strength, and she felt an incredible connection to the divine, and almost immediately miracles began to happen. Today, research scientists in psychology, physics, biochemistry, and neurology are providing peeks into what consciousness is and how it works. Their findings give us intriguing clues as to what is actually happening in and through our bodies, minds, and spirits as we roll pen across paper. *Writing Down Your Soul* explores some of this research and instructs readers how to access the power and beauty of their own deepest selves.

↓ [Download Writing Down Your Soul: How to Activate and Listen ...pdf](#)

📖 [Read Online Writing Down Your Soul: How to Activate and List ...pdf](#)

Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within

By Janet Conner

Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within By Janet Conner

You could pray, or meditate, or dream, or visit a shaman, or a minister, or a hypnotherapist. With so many routes into inner consciousness, why write? Of all the ways to get in touch with God, as you understand God... to hear the small, still voice pointing you in the right direction... why take the time to write? One reason: it works. It works amazingly well. If you want to engage in a vibrant conversation with the wisdom that dwells just a hair below your conscious awareness, write. Write every day, at approximately the same time, with passion, honesty, and the intention of speaking with and listening to the voice within.

Janet Conner was escaping a terrible situation of domestic abuse. While trying to figure out how she and her son could live and how they could eat, she realized she had hit rock bottom. With no other advisors, she listened to her own inner voice, which told her to start writing. As she did, Janet's inner voice gained clarity and strength, and she felt an incredible connection to the divine, and almost immediately miracles began to happen. Today, research scientists in psychology, physics, biochemistry, and neurology are providing peeks into what consciousness is and how it works. Their findings give us intriguing clues as to what is actually happening in and through our bodies, minds, and spirits as we roll pen across paper. *Writing Down Your Soul* explores some of this research and instructs readers how to access the power and beauty of their own deepest selves.

Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within By Janet Conner Bibliography

- Sales Rank: #123387 in eBooks
- Published on: 2009-01-01
- Released on: 2009-01-01
- Format: Kindle eBook

 [Download Writing Down Your Soul: How to Activate and Listen ...pdf](#)

 [Read Online Writing Down Your Soul: How to Activate and List ...pdf](#)

Download and Read Free Online Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within By Janet Conner

Editorial Review

Review

"...Just reading her words will make you want to write." - Victoria Moran, author of *Creating a Charmed Life*

"You've just given me the best book to recommend to my writing students. And you! You, who say you cannot write or do not know how to write--read this. You! You, who feel lost and do not know where to turn--read this. Janet shows you the best road...the one that leads to what your soul already knows." --Mary Anne Radmacher, author of *Live Boldly* and *Lean Forward into Your Life*

"This is a how-to book that reads like the best novel ever... With paper and pen in hand, one can find out who one is and what one's purpose is....The book is for young and old, rich and poor, happy and sad. It is a book to be treasured for years to come." -- Betsey Brooks, ARE Association for Research and Enlightenment, Virginia Beach, Va.

"...This is one of the most effective methods of psychospiritual growth available. To learn how to set this process in motion in your life, *Writing Down Your Soul* is an invaluable guide." --Larry Dossey, MD, author of *Healing Words* and *The Power of Premonitions*

"Every human being has an 'inner voice,' a 'higher' nature, an awareness beyond thought and beyond intellect. It is called by various names: Buddha Nature, Christ Consciousness... Atman, etc. It is our Soul. In it we just 'know.' But precious little in our cultural training has helped us to 'connect' with that place of infinite wisdom, unconditional Love, and pure joy. Janet Conner's wonderful book, *Writing Down Your Soul* is a magnificent gift for us all. It offers a clear, concise, nurturing path to connecting--every day--with the highest and deepest part of ourselves. In that process it helps us become fully alive, fully awake, and fully loving. I highly recommend this superb, insightful, compassionate book!" -- John E. Welshons, author of *Awakening From Grief* and *One Soul, One Love, One Heart: The Sacred Path to Healing All Relationships*

"...put it to work enriching your life... immediately." -- August Gold, author of *The Prayer Chest*, Founder, Spiritual Director of Sacred Center New York

"...She has developed a special formula for success...I didn't want it to end and will highly recommend it to my clients and colleagues." -- Gail McMeekin, career and creativity coach and the author of *The 12 Secrets of Highly Creative Women*

About the Author

Janet Conner is a popular writer and speaker with a simple message: *We all have innate spiritual intelligence; we just need to know how to activate it.* In her books, events, and worldwide courses, Janet shares practical spiritual tools that engage your soul, activate your divine voice, and magnify your creative potential. Janet is the author of its companion journal, *My Soul Pages* (Conari Press, 2011). Previously, she created Spiritual Geography, the soul writing system that heals the broken heart. Janet lives in Florida where she is exploring the ultimate question: *What does your soul want?* Visit her at writingdownyoursoul.com.

Users Review

From reader reviews:

Diana Sturgill:

The book *Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within* make you feel enjoy for your spare time. You need to use to make your capable far more increase. Book can to become your best friend when you getting pressure or having big problem together with your subject. If you can make looking at a book *Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within* to be your habit, you can get a lot more advantages, like add your own personal capable, increase your knowledge about some or all subjects. You can know everything if you like open up and read a reserve *Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within*. Kinds of book are a lot of. It means that, science guide or encyclopedia or other individuals. So , how do you think about this e-book?

Mary Parker:

Reading a e-book can be one of a lot of action that everyone in the world really likes. Do you like reading book and so. There are a lot of reasons why people fantastic. First reading a e-book will give you a lot of new information. When you read a publication you will get new information because book is one of a number of ways to share the information or even their idea. Second, studying a book will make a person more imaginative. When you reading a book especially hype book the author will bring someone to imagine the story how the personas do it anything. Third, you are able to share your knowledge to other people. When you read this *Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within*, it is possible to tells your family, friends and soon about yours guide. Your knowledge can inspire average, make them reading a e-book.

John Champlin:

Reading a book tends to be new life style within this era globalization. With examining you can get a lot of information that will give you benefit in your life. Having book everyone in this world may share their idea. Textbooks can also inspire a lot of people. A lot of author can inspire their reader with their story or even their experience. Not only the story that share in the publications. But also they write about the ability about something that you need case in point. How to get the good score toefl, or how to teach your kids, there are many kinds of book that you can get now. The authors these days always try to improve their talent in writing, they also doing some exploration before they write to their book. One of them is this *Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within*.

Nancy Byrom:

Many people spending their moment by playing outside together with friends, fun activity using family or just watching TV the whole day. You can have new activity to invest your whole day by looking at a book. Ugh, ya think reading a book will surely hard because you have to bring the book everywhere? It ok you can have the e-book, having everywhere you want in your Cell phone. Like *Writing Down Your Soul: How to*

Activate and Listen to the Extraordinary Voice Within which is getting the e-book version. So , try out this book? Let's view.

Download and Read Online Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within By Janet Conner #HGL4JRPWI85

Read Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within By Janet Conner for online ebook

Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within By Janet Conner Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within By Janet Conner books to read online.

Online Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within By Janet Conner ebook PDF download

Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within By Janet Conner Doc

Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within By Janet Conner Mobipocket

Writing Down Your Soul: How to Activate and Listen to the Extraordinary Voice Within By Janet Conner EPub