



AMC's Best Day Hikes in the Catskills and Hudson Valley, 2nd: Four-Season Guide to 60 of the Best Trails from the Hudson Highlands to Albany

By Peter Kick

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AMC's Best Day Hikes in the Catskills and Hudson Valley, 2nd: Four-Season Guide to 60 of the Best Trails from the Hudson Highlands to Albany

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WITH MORE THAN 600 MILES OF TRAILS within just a few hours of New York City, the Catskills and Hudson Valley are a hiker's paradise, boasting varied and scenic terrain from Westchester County to Albany. This fully updated guide leads beginner and experienced hikers along 60 of the region's most spectacular trails. From classic hikes like Storm King Mountain in the Hudson Highlands, to carriage road walks in the Shawangunks and a historic walk around the grounds of Olana, from Catskills hikes such as Wittenberg and Cornell mountains to ridge walks along the Taconic Range, this guide offers a variety of trails for all ability levels and interests. An at-a-glance chart highlights the best hikes near public transportation, for kids, and for winter snowshoeing and skiing.

INSIDE YOU'LL FIND:

- 60 hiking trips for all ability levels and seasons
- At-a-Glance trip planner to help you find the trip that's right for you
- Detailed Maps showing parking areas, trails, and natural highlights
- Summaries of time, distance, and difficulty level for each trail
- GPS coordinates for trailheads
- Hiking and Safety Tips, including advice on what to carry in your pack
- Essays on nature and history of the region

"Peter's guide is a must-have for hikers. This book makes it easy to get out and explore, from the highlands of the Hudson Valley to the backwoods of the Catskill Forest Preserve."

—Tom Alworth, Deputy Commissioner for Natural Resources
NY STATE OFFICE OF PARKS, RECREATION AND HISTORIC
PRESERVATION

PETER W. KICK, a native of the Catskill Mountains region, is a licensed wilderness guide and trip leader. The author of several hiking and mountain-biking guides, including AMC's Catskill Mountain Guide, he has also written for Backpacker, Outdoor Traveler, Sailing, and Adirondack Life.

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Editorial Review

From the Back Cover

With more than 600 miles of trails within just a few hours of New York City, the Catskills and Hudson Valley are a hiker's paradise, boasting varied and scenic terrain from Westchester County to Albany. This fully updated guide leads beginner and experienced hikers alike along 60 of the region's most spectacular trails, from shorter nature walks to longer day hikes.

From classic hikes like Storm King Mountain in the Hudson Highlands, to carriage road walks in the Shawangunks and a historic walk around the grounds of Oleana, to 25 Catskills hikes such as Wittenberg and Cornell Mountains, to ridgewalks along the Taconic Range, this guide offers a variety of trails for all ability levels and interests. An at-a-glance chart highlights the best hikes near public transportation, for kids, and for winter snowshoeing and skiing.

Inside You'll Find:

- 60 hikes ideal for hikers of all ability levels
- GPS coordinates to all trailheads
- Locator Map and "At-a-Glance Trip Planner" for easy planning
- Detailed maps showing parking areas, trails, and natural highlights
- Summaries of time, distance, and difficulty level for each trail
- Hiking and safety tips, including advice on what to carry in your pack
- Essays on the flora, fauna, and historic landmarks of the region

About the Author

Peter W. Kick, a native of the Catskill Mountains, is a New York State-licensed wilderness guide and trip leader. The author of several hiking and mountain-biking guides, including AMC's Catskill Mountain Guide, he has also written for Backpacker, Outdoor Traveler, Sailing, and Adirondack Life.

Users Review

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Diane Joiner:

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