



# Culture and Health: Applying Medical Anthropology

*By Michael Winkelman*

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## **Culture and Health: Applying Medical Anthropology** By Michael Winkelman

Culture and Health offers an overview of different areas of culture and health, building on foundations of medical anthropology and health behavior theory. It shows how to address the challenges of cross-cultural medicine through interdisciplinary cultural-ecological models and personal and institutional developmental approaches to cross-cultural adaptation and competency. The book addresses the perspectives of clinically applied anthropology, trans-cultural psychiatry and the medical ecology, critical medical anthropology and symbolic paradigms as frameworks for enhanced comprehension of health and the medical encounter. Includes cultural case studies, applied vignettes, and self-assessments.

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## **Editorial Review**

From the Back Cover

### **Praise for *Culture and Health***

"Winkelman amazes us once more with the quality and scope of his new book, *Culture and Health: Applying Medical Anthropology*, as he helps us understand the way that medical anthropology's biocultural approach expands the biomedical perspective—he covers a vast array of topics, including cultural competence, cultural systems models, cultural effect on biology, ethnomedicine and alternative medicine, and understanding health activities as cultural practices—a must have for the student, practitioner, or scholar!"  
—Marlene Dobkin de Rios, PhD, associate clinical professor of psychiatry and human behavior, University of California, Irvine and professor emerita of anthropology, California State University, Fullerton

"This is the most comprehensive, holistic, and practical text on medical anthropology I have read in my eighteen years of teaching and practice. It skillfully weaves together rich and clear explanations of all vital topics in medical anthropology with user-friendly practical application models and assessment instruments for easy use with self, patients, health care providers, and community members. The book is a medical anthropology gem"

—Mikel Hogan PhD, applied cultural anthropologist and professor and chair, Human Services Department, California State University, Fullerton

"In this thorough and well-constructed introduction to medical anthropology, Winkelman has provided a key resource for health sciences students, beginning researchers, and health professionals who are committed to a comprehensive perspective on the means by which culture—systems, models, beliefs, and practices—affect sickness and healing. The book will be of use to students studying the applications of the social sciences to health and health care, public health scientists wanting a broad view of the means by which social and cultural systems affect the health of communities and populations, and clinicians who wish to develop greater cultural competence in their relationships with patients and their families."

—Craig R. Janes, PhD, professor, associate dean, and director, Global Health Faculty of Health Science, Simon Fraser University

### **About the Author**

**Michael Winkelman**, MPH, PhD, is an Associate Professor in the School of Human Evolution and Social Change at Arizona State University and former Head of Sociocultural Anthropology. For 16 years he directed the Ethnographic Field School in Ensenada, BC, Mexico.

## **Users Review**

### **From reader reviews:**

#### **Shawn Hodgins:**

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can to get your friend when you truly feel alone and beside regarding course make you smarter than previously. Yeah, it is very fortunate to suit your needs. The book makes you much more confidence because you can know every thing by the book. So , we should make new experience as well as knowledge with this book.

#### **Wayne Gaddis:**

Reading a book tends to be new life style with this era globalization. With studying you can get a lot of information which will give you benefit in your life. Along with book everyone in this world can share their idea. Guides can also inspire a lot of people. Plenty of author can inspire their particular reader with their story or maybe their experience. Not only the storyplot that share in the guides. But also they write about advantage about something that you need illustration. How to get the good score toefl, or how to teach your young ones, there are many kinds of book that you can get now. The authors nowadays always try to improve their ability in writing, they also doing some exploration before they write for their book. One of them is this Culture and Health: Applying Medical Anthropology.

#### **Elizabeth Black:**

Culture and Health: Applying Medical Anthropology can be one of your basic books that are good idea. We all recommend that straight away because this book has good vocabulary that can increase your knowledge in words, easy to understand, bit entertaining but nonetheless delivering the information. The article writer giving his/her effort to place every word into joy arrangement in writing Culture and Health: Applying Medical Anthropology however doesn't forget the main stage, giving the reader the hottest in addition to based confirm resource data that maybe you can be considered one of it. This great information may drawn you into completely new stage of crucial thinking.

#### **William Sam:**

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