



# Complete Indian Cooking

*By Mridula Baljekar*

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The complete guide to preparing delicious food with over 400 authentic recipes from the regions, all shown step-by-step.

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### Editorial Review

#### About the Author

Mridula Baljekar, formerly cookery editor of Indian and Oriental Food and Drink Magazine, contributes regularly to magazines and newspapers, and appears at trade and consumer food shows. Rafi Fernandez is a prolific author of books covering regional and vegetarian recipes from India. She appears at cookery demonstrations and runs two shops, Rafi's Spice Box, based in Sudbury and York, UK. Shehzad Husain is consultant to Marks and Spencer plc on their Indian foods, has written several books on Indian cooking and has contributed to many magazines including Taste and Family Circle. Manisha Kanani has written regularly for Family Circle and has worked on food demonstrations for the BBC's Good Food Show.

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