



# The First Interview, Third Edition

*By James Morrison*

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This indispensable clinical guidebook describes and illustrates how to conduct a successful diagnostic mental health interview. James Morrison details effective methods for posing clinical questions; what the clinician should ask to obtain complete, accurate information; and how to select the best strategy to meet any clinical situation. Throughout, the author interweaves research on what works in mental health interviewing along with fresh insights on how to build rapport and enhance patient motivation.

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## Editorial Review

### Review

"Even as an experienced interviewer, I was well rewarded by reading this comprehensive guide to all aspects of interviewing. Morrison's extensive experience, elegant wordings for use in difficult situations, and sage clinical and diagnostic advice truly shine. No other book on interviewing is as rich and rewarding for students. It provides specific insights for doing the best possible interviews and describing and communicating the findings. This is an essential book for all mental health clinicians."--Edward L. Zuckerman, PhD, author of *Clinician's Thesaurus*

"This well-written book is an excellent tutorial for professionals who need to take patients' psychiatric and medical histories. It is laced with helpful pointers, clinical vignettes, and 'dos and don'ts' that guide the reader through the interview process. While it is especially relevant for students, even interviewers as experienced as myself can find helpful tips to make the interview process more efficient. This book adds to Morrison's strong body of work intended to help clinicians perform their jobs better, and is certainly a 'must read' for those just beginning the training process."--David L. Dunner, MD, FACPsych, Director, Center for Anxiety and Depression, Mercer Island, Washington, and Department of Psychiatry and Behavioral Sciences, University of Washington

"This book was written to help transform those just starting out in mental health services into discerning and welcoming observers who can interact with patients to obtain the best information, make sound decisions, and create strong relationships. Psychiatrists, psychologists, social workers, nurse practitioners, and all who talk to patients will profit from learning and applying the strategies so clearly outlined here."--Rodrigo Muñoz, MD, Department of Psychiatry, University of California, San Diego

"An absolute 'must read' for any clinician at any level of experience. This clearly written, highly practical, step-by-step guide to conducting the first interview is filled with wisdom. Morrison is sensitive to and respectful of the patient while recognizing the clinician's need to get as much information as possible. The Appendices are invaluable. I cannot think of another book that comes close to this masterpiece. Thank you, Dr. Morrison, for providing this essential guide."--Robert L. Leahy, PhD, Director, American Institute for Cognitive Therapy; Department of Psychiatry, Weill Cornell Medical College

### About the Author

James Morrison, MD, graduated from Reed College and earned his MD at Washington University in St. Louis, where he trained in psychiatry. He is currently Professor of Clinical Psychiatry at Oregon Health and Science University in Portland. Dr. Morrison's other books for professionals include *Diagnosis Made Easier*, *DSM-IV Made Easy*, *When Psychological Problems Mask Medical Disorders*, and *Interviewing Children and Adolescents*. In 2002 he wrote a comprehensive guide for patients and their relatives, *Straight Talk about Your Mental Health*.

## Users Review

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**Zola Campbell:**

The particular book *The First Interview, Third Edition* has a lot associated with on it. So when you make sure to read this book you can get a lot of benefit. The book was published by the very famous author. The writer makes some research ahead of write this book. This particular book very easy to read you can obtain the point easily after looking over this book.

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