



The Secret Language of Eating Disorders

By Peggy Claude-Pierre

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The Secret Language of Eating Disorders

"Peggy Claude-Pierre has gone beyond the surface of eating disorders to discover their true causes and then present a valid and healing path. In this extremely constructive book, she offers incredible insights into the mind of the sufferer and the myths of eating disorders." --Keith J. Karren, Ph.D.,

Department Chair, Health Sciences,
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"Peggy Claude-Pierre is a warrior--ferocious and relentless--whose work has rescued a decade of sufferers." --Edward Feller, M.D., F.A.C.P.,

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"Peggy Claude-Pierre has created a paradigm shift in the way we view and treat anorexia. Peggy has shifted the focus of care from that of controlling the symptoms of disordered eating to healing the negativity that would otherwise plague the individual for the rest of his or her life. I have developed the utmost respect for her, for I realize that she has translated the secret language of anorexia. Now it is up to us to use the knowledge she has revealed."

--Daniel J. Smith, M.D.

"Peggy Claude-Pierre's work begins where attachment to the limiting obstacles of theory end. She has brought back from the dead many young lives the world deemed hopeless. . . . There are many who possess the title of 'doctor' who have never come close to her incredible example of the selfless healer."

--Craig T. Pratt, M.D.,
Chief, Division of Addiction Medicine,
Grant-Riverside Methodist Hospital

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Editorial Review

About the Author

Peggy Claude-Pierre opened her outpatient practice specializing in eating disorders in 1988; the Montreaux Clinic began its residential inpatient program in 1993. Millions have been introduced to Claude-Pierre's gentle yet positive approach to the treatment of anorexia and bulimia, thanks to her appearances on **20/20** (the first show on her work won a Peabody Award for excellence) and **Oprah**. She consults with health professionals and government representatives in North and South America, Western and Eastern Europe, as well as Japan, Australia, New Zealand, and South Africa. She has been nominated for the Kiwanis World Service Medal and the Institute of Noetic Sciences Altruism Award. She is currently working with the Montreaux staff to create a teaching clinic to offer professional training to others who wish to use the Montreaux approach. She lives and works in Victoria, Canada.

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George Hinnenkamp:

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