



# The Secret Language of Eating Disorders

By Peggy Claude-Pierre

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**The Secret Language of Eating Disorders** By Peggy Claude-Pierre

Self-Help/Women's Health

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The Secret Language of Eating Disorders

"Peggy Claude-Pierre has gone beyond the surface of eating disorders to discover their true causes and then present a valid and healing path. In this extremely constructive book, she offers incredible insights into the mind of the sufferer and the myths of eating disorders." --Keith J. Karren, Ph.D.,  
Department Chair, Health Sciences,  
Brigham Young University

"Peggy Claude-Pierre is a warrior--ferocious and relentless--whose work has rescued a decade of sufferers." --Edward Feller, M.D., F.A.C.P.,  
Clinical Associate Professor of Medicine,  
Brown University School of Medicine

"Peggy Claude-Pierre has created a paradigm shift in the way we view and treat anorexia. Peggy has shifted the focus of care from that of controlling the symptoms of disordered eating to healing the negativity that would otherwise plague the individual for the rest of his or her life. I have developed the utmost respect for her, for I realize that she has translated the secret language of anorexia. Now it is up to us to use the knowledge she has revealed."  
--Daniel J. Smith, M.D.

"Peggy Claude-Pierre's work begins where attachment to the limiting obstacles of theory end. She has brought back from the dead many young lives the world deemed hopeless. . . . There are many who possess the title of 'doctor' who have never come close to her incredible example of the selfless healer."  
--Craig T. Pratt, M.D.,  
Chief, Division of Addiction Medicine,  
Grant-Riverside Methodist Hospital

*From the Trade Paperback edition.*

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### **Editorial Review**

#### **About the Author**

Peggy Claude-Pierre opened her outpatient practice specializing in eating disorders in 1988; the Montreaux Clinic began its residential inpatient program in 1993. Millions have been introduced to Claude-Pierre's gentle yet positive approach to the treatment of anorexia and bulimia, thanks to her appearances on **20/20** (the first show on her work won a Peabody Award for excellance) and **Oprah**. She consults with health professionals and government representatives in North and South America, Western and Eastern Europe, as well as Japan, Australia, New Zealand, and South Africa. She has been nominated for the Kiwanis World Service Medal and the Institute of Noetic Sciences Altruism Award. She is currently working with the Montreaux staff to create a teaching clinic to offer professional training to others who wish to use the Montyreaux approach. She lives and works in Victoria, Canada.

### **Users Review**

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##### **George Hinnenkamp:**

Now a day people who Living in the era wherever everything reachable by interact with the internet and the resources included can be true or not need people to be aware of each details they get. How a lot more to be smart in receiving any information nowadays? Of course the reply is reading a book. Reading a book can help men and women out of this uncertainty Information particularly this The Secret Language of Eating Disorders book because this book offers you rich details and knowledge. Of course the info in this book hundred per-cent guarantees there is no doubt in it you probably know this.

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##### **Edward Carter:**

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