



Have a Nice Day

By Julie Halpern

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Anna Bloom has just come home from a three-week stay in a mental hospital. She feels...okay. It's time to get back to some sort of normal life, whatever that means. She has to go back to school, where teachers and friends are dying to know what happened to her, but are too afraid to ask. And Anna is dying to know what's going on back at the hospital with her crush, Justin, but is too afraid to ask. Meanwhile, Anna's parents aren't getting along, and she wonders if she's the cause of her family's troubles.

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Have a Nice Day By Julie Halpern Bibliography

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Editorial Review

From School Library Journal

Gr 9 Up-This sequel to *Get Well Soon* (Feiwel & Friends, 2007) begins minutes after the first book ends. Anna Bloom has just returned home after spending three weeks at a mental hospital for depression. The first book detailed her time in the hospital and was written as letters from Anna to her best friend, Tracy. This book is narrated by Anna. She tells what happens as she returns to school and discusses the family dynamics as her parents' marriage falls apart. Readers finally get to meet Tracy as well as Anna's other school friends. Anna is nervous about how everyone will treat her now that she has a history. Her return to school ends up being a nonevent. She has lost weight during her hospitalization, and as the story unfolds, her worry and panic attacks begin to subside. She really does heal and learn to accept herself and the flaws of her family members and friends. This book stands alone as the many references to Anna's stay in the psych ward and the people she met there are well explained. The teen is honest about her feelings and uses strong and raw language to express herself. Her voice can be annoying with her constant complaining about her condition and the way her parents handle her problems and theirs, so this novel is not for everyone. However, there will be an audience of teen girls who clamor for stories about characters with issues like Anna's.-Elizabeth Kahn, Patrick F. Taylor Science & Technology Academy, Jefferson, LAα(c) Copyright 2011. Library Journals LLC, a wholly owned subsidiary of Media Source, Inc. No redistribution permitted.

From [Booklist](#)

In this sequel to *Get Well Soon* (2007), Anna Bloom is newly released from her three-week stint at Lakeland ("Lake Shit"), a Chicago mental-health facility where she was treated for depression and panic attacks. As if reentry isn't difficult enough, her passive mom and absentee, disconnected dad are separating. Despite a tough home situation (and other sucky things like IBS and group therapy), Anna is starting to feel "normal," as she solidifies friendships and views artsy boy Tucker as a potential love interest. Anna's sarcastic voice is sharp as ever, and those who followed her through treatment will be anxious—and pleased—to see where she is at today. Grades 8-12. --Ann Kelley

Review

"...laugh-out-loud funny and immensely intelligent." ?*Kirkus, starred review*

"Anna's sarcastic voice is sharp as ever, and those who followed her through treatment will be anxious?and pleased." ?*Booklist*

Users Review

From reader reviews:

Aaron Ryan:

As people who live in the actual modest era should be up-date about what going on or information even knowledge to make these people keep up with the era which can be always change and advance. Some of you maybe can update themselves by studying books. It is a good choice in your case but the problems coming to anyone is you don't know what type you should start with. This *Have a Nice Day* is our recommendation to cause you to keep up with the world. Why, since this book serves what you want and need in this era.

Patricia Hooper:

Reading a reserve tends to be new life style with this era globalization. With looking at you can get a lot of information that may give you benefit in your life. Along with book everyone in this world could share their idea. Textbooks can also inspire a lot of people. Plenty of author can inspire their very own reader with their story as well as their experience. Not only the story that share in the ebooks. But also they write about the ability about something that you need instance. How to get the good score toefl, or how to teach your young ones, there are many kinds of book which exist now. The authors on earth always try to improve their ability in writing, they also doing some investigation before they write for their book. One of them is this Have a Nice Day.

Christina Webb:

People live in this new time of lifestyle always aim to and must have the spare time or they will get wide range of stress from both day to day life and work. So , once we ask do people have time, we will say absolutely yes. People is human not really a robot. Then we inquire again, what kind of activity do you possess when the spare time coming to you actually of course your answer will unlimited right. Then ever try this one, reading publications. It can be your alternative in spending your spare time, typically the book you have read is definitely Have a Nice Day.

Kisha Hutton:

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